

## **Guidelines for Players and Coaches**

- Players must walk into the facility dressed and show up to the rink no more than 15
  minutes prior to their ice time. We will provide adequate space for skaters to put their
  skates on, but we recommend bringing walkable skates guards as well.
- 2. Players MUST leave within 15 minutes of the end of their ice time.
- 3. For the safety of all customers, participants and employees we strongly recommend drop-off only for skaters. If that is not an option, only one (1) spectator per skater is allowed inside the facility. Spectators will be required to wear a face mask and practice social distancing.
- 4. **Protective masks are required** when social distancing cannot be done.
- 5. Masks are not required while participating during athletic activities.
- 6. Players will be required to use their own water bottles and fill them at home.
- 7. If a player or coach has any sort of illness, coughing, or sneezing please stay home.
- 8. No contact or battle drills are allowed.
- 9. No games, scrimmages or referees.
- 10.Groups must be broken up into groups of 10 or less (Coaches & players included).
  Multiple groups are allowed on the ice. Ice can be split into different areas with groups of 10. Coaches must remain with small groups of 10 or less.
- 11. Coaches must be responsible for social distancing among players and coaching staff.
- 12. Must achieve proper hygiene at beginning and end of all activities thru handwashing and sanitizing.
- 13. Please make sure to cover your mouth and/or nose when sneezing or coughing.
- 14.NO SPITTING inside facility.
- 15. Valley Rinks will provide hand sanitizing stations throughout the facility.
- 16. Locker rooms and shower areas will be closed until further notice.